

# YOUR SURGERY SPECIFICS

## 1. SURGERY

Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Surgery Time: \_\_\_\_\_

Location: **8501 Golden Valley Road, Suite 100**  
**Golden Valley, MN 55427**  
**763-416-7600**

## 2. POST-OP APPOINTMENTS

1: \_\_\_\_\_

2: \_\_\_\_\_

3: \_\_\_\_\_

## 3. CONTACT LENS INSTRUCTIONS:

Contact lenses must be removed on: \_\_\_\_\_

## 4. PAYMENT

Right Eye: \_\_\_\_\_ Left Eye: \_\_\_\_\_

Sub Total: \_\_\_\_\_

+ MN tax: \_\_\_\_\_

TOTAL: \_\_\_\_\_

## FOR CO-MANAGED PATIENTS ONLY

Co-Managed Doctor: \_\_\_\_\_

Payment to Co-Managed Doctor: \_\_\_\_\_

Payment to Northwest Eye: \_\_\_\_\_

Total Payment: \_\_\_\_\_

# PRICE & LIFETIME ENHANCEMENT GUARANTEE

## LASIK or PRK in LASIK Center - \$1,795/eye

The above cost covers:

- LASIK Evaluation and testing
- Physician's fee
- Technology/laser fee
- Post-operative appointments for one year
- Enhancement (if necessary)

## Lifetime Guarantee

### Free Enhancements for life (if needed)

- Patient must have yearly exam to remain eligible

Here at Northwest Eye, we strive to give you the best vision for life. Whether a patient will eventually need an enhancement is completely unique to each individual. Studies suggest that only 5% of patients ever need an enhancement and we will be here to update your vision as needed. We simply ask that you have a comprehensive eye exam once a year so your eye health is being monitored regularly.

# MEDICATION INSTRUCTIONS

You **MUST** take the eye drops following your treatment as they are imperative to the success of your treatment. You will be given several different eye drops to use during the first week after your laser treatment.

Please allow 5 minutes apart between each drop. Start when you arrive home or after initial nap.

## 1. Antibiotic Drops:

Prevents infection while surface of the cornea heals.

**Directions:** \_\_\_\_\_

## 2. Steroid Drops: (shake bottle before use)

Reduces the inflammation in your eye(s).

**Directions:** \_\_\_\_\_

## 3. Non-Steroid, Anti-Inflammatory Drops:

Reduces pain and inflammation.

**Directions:** As prescribed.

## 4. Lubrication Drops:

**Directions:** Artificial tears can be used 8-10 times a day as needed to help clear fluctuating vision and comfort.

## 5. Protective Eye Shield:

The protective eye shield is to be worn the day of procedure and the first night. You should continue to wear the shield at bedtime and while napping for one week following treatment.

## Special Instructions

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# PRE-SURGERY INSTRUCTIONS

## The Days Before Your Surgery:

- DO NOT wear mascara or other makeup for three days before surgery.
- Remove contacts per instructions on the “Your Surgery Specifics” page.
- Use lid wipes to clean eyelash margins three mornings prior to surgery.
- Pick up the prescriptions that have been called into your pharmacist for you.
- Review all information in your LASIK folder and reach out to our LASIK consultant with any questions.

## Make Sure Your Finances are Set Prior to Surgery

- Make sure you have either your Care Credit activated or you have contacted your FSA plan so they know you will be withdrawing.
- Have payment method ready upon arrival.

## Day of Surgery

- DO NOT wear perfumes or fragrances on the day of surgery.
- Plan to arrive at the Surgery Center one hour ahead of your scheduled surgery.
- Take oral Prednisone Tablets morning of surgery.
- Bring your Prescription Eye Drops.
- Bring your LASIK folder, including your signed consent forms.
- You should make arrangements to have someone drive you home.

# POST-SURGERY INFORMATION

**After the procedure, you will be escorted to an examination room where your surgeon will inspect your eye and review post-op care. You will receive a pack of materials including a protective shield, lubricating drops and medicated drops. We will then review your medical instructions page to make sure you fully understand your drop schedule.**

- Discomfort is normal and will usually improve 2-6 hours following your LASIK procedure, or 3 days following your PRK procedure.
- Your eyes may sting and feel gritty for the first several hours the day after surgery.
- Your vision will seem very blurry at first, but will improve rapidly. Your vision may not be stable for several weeks after surgery, the fluctuations from day to day are common.
- **YOU SHOULD CALL YOUR SURGEON** if pain or redness increases after the first day.
- Call your LASIK Consultant with any questions regarding your LASIK surgery.

## Recovery Tips

- Any oral pain relievers such as Ibuprofen (Motrin, Advil, etc.) or Tylenol may be used according to instructions on the bottle.
- Drink plenty of water.
- Avoid getting water in your eyes while showering for 1 week and be mindful only to dab around eyes when toweling off.
- If you get something in your eye, rinse out with lubricating drops.
- Avoid “get the red out” eye drops.

## Restrictions

- **NO eye makeup for 1 week.**
- **NO swimming pools, hot tubs, or saunas for 1 week.**
- **NO dusty or dirty environments for 1 week.**
- **NO eye-rubbing or squeezing for 1 month.**
- **NO contact sports for 1 month.**